

Success Specialist

Moreah Ragusa “wakes”
people up to identify and then access
their **personal power.**

Program / Segment / Article Ideas:

- **How to Awaken the Hero In Your Man.**
- **What Could be Killing Your Marriage.**
- **Find Your Emotional Key to Losing Weight.**
- **Are You Woman Enough to Be a Lady-and Fire up your Man? **HOT****
- **Can Infidelity Save Your Marriage?**
- **Does the Perfect “Soulmate” Exist?**
- **Are You Ruining Your Chance for Success in Your Relationship?**
- **Why Your Man is Afraid of Success and What You Can Do to Fix it.**
- **Is Losing Everything in Your Life the BEST Thing that Ever Happened to You?**
- **Are You Unknowingly Castrating Your Man?**

The author of six books, Moreah is a practicing psychotherapist, registered family mediator, mentor, life and relationship specialist. A recognized expert who knows "what works" in relationships; she is known for her get-real style that illuminates the truth about what can be accomplished when we believe.

“Audiences are mesmerized by her get real style, humor, and honesty.”

Availability: International by arrangement, available as a last minute guest for radio.



Moreah Ragusa

Direct: (403) 540-6355

Office: (403) 278-3700

moreahragusa.com

moreah@moreahragusa.com

What Could Be Killing Your Marriage?

If you don't know, your relationship may already be dying.

Here are the top 10 deadly causes:

Not knowing and supporting the primary values and desires of your mate

An inability or desire to communicate openly and honestly

The withdrawal of sex

Power struggles and competition

Control through money

Kids

Emotional starvation

Infidelity (physical and emotional)

Religious differences

Addiction

Most marriages die long before the request for divorce comes. Unfed and unappreciated partners tend to first go numb and then, in time, they “die”! Of course, then the marriage dies, too! The ideology of marriage must change, and that is why Moreah has written *The New Marriage Paradigm*. Moreah is passionate about this subject, and she wants you to understand the deeper meaning of your marriage and how you, your spouse and your marriage can thrive.

Moreah specializes in the subject of marriage, and she believes that marriage is a “workbook,” so to speak, for the development and healing of a human being. Moreah believes that not only do adults say “I do,” but so does the inner child within them. Moreah knows that the childhood psychological wounding and personality are hard at work within every union.

Most of all, infidelity and addiction within marriage are what Moreah loves to help her audiences understand!

The topic can be explored and presented to your audience by:

Doing a question-and-answer interview with Moreah

Having Moreah work live with a person or couple in marital breakdown

Having Moreah share her personal and professional experiences of successful and doomed marriages

Working with a panel of guests and professionals who understand the deeper purpose of a marriage.

Can Infidelity Save Your Marriage?

As outrageous as it sounds, yes, it can.

An unfulfilled spouses show you that they are searching for something important that they feel they don't have. Whatever this "thing" is, they want it badly enough to break a promise of fidelity. They are not really looking for sex; they are really looking for something else, something even more important.

When you discover what an unfaithful person is searching for and you are prepared to help him or her to get it, your relationship will improve and even flourish. To discover what most people crave but don't get within their marriages, you must invite Moreah to speak. She will teach you the real reason that people cheat, and how to convert infidelity within any union into a thriving and happy marriage.

This is a hot topic into which almost everyone wants insight!

Here are some questions worth asking:

Are you under the illusion that your spouse is committed to you?
Do you believe that infidelity is only the cheater's responsibility?
Do you want to cheat-proof your marriage?
Can you identify whether your marriage is prone to cheating?
Is forgiveness of infidelity really important?
Should you confess if you have cheated?

This topic can be explored and presented to your audience by:

Doing a question-and-answer interview with Moreah
Having Moreah work live with a person who needs help
Having Moreah share her professional experiences of success and how she facilitates healing and the confidence to survive an affair.

Does Your Perfect Soulmate Exist?

Yes. Learn the five secrets to finding your soulmate.

How do you know who is your soulmate?

Are you secretly waiting for your soulmate to arrive?

Is a soulmate relationship full of bliss or turbulence?

Do you have more than one soulmate?

Will you and your soulmate recognize each other if and when you meet?

These thought-provoking questions are just a few that will be covered in the hot topic.

While some believe that we each have a single soulmate, others don't! It is this controversy that makes the idea of a soulmate so interesting.

What does it mean to be a soulmate?

What are the defining markers of such a person?

To find out, you must invite Moreah to share her insights on the subject. Yes, she does believe that a soulmate exists for each of us, but the form that the soulmate takes is absolutely fascinating!

This romantic topic can be explored and presented to your audience by:

Doing a question-and-answer interview with Moreah

Having Moreah work live with a person who is in search of a soulmate

Having Moreah be part of a panel of people who believe they have a soulmate or know who it is.

Are You Ruining Your Chances for Success in Your Relationship?

Discover the seven “sins” that destroy most relationships.

When you have begun stonewalling, feeling indifferent, being contemptuous, engaging in power struggles, fighting to be “right,” being disrespectful, and not emotionally feeding your significant other, your relationship will fail.

Do you look at other people’s happy relationships and ask yourself, “Why them and not me?”

Are you fantasizing about the perfect mate rather than being the perfect mate?

Does a rewarding communication hardly ever happen?

Is silence, rather than sharing, the norm at your dinner table?

Do you feel controlled?

If you say yes to these, it means you need help.

A successful relationship happens when

Values, hope and desires are shared, appreciated and supported

Open and honest communication occurs

You are being fed emotionally

Sex is fun and happening frequently

This topic can be explored and presented to your audience by:

Doing a question-and-answer interview with Moreah

Discussing the top seven things a person must and must not do, be and have, in order to have a successful union

Having Moreah work live with a person who is seeking to turn a poor relationship into a successful relationship.

Why Your Man Is Afraid of Success and What You Can Do to Fix It

Learn the psychology to help him unscramble his head.

Understanding and supporting your man's innate and carnal need to do what he is "hard wired" to do is vital to support him in achieving his dreams.

A man is often unaware of his instinctual need to be great at the three P's – to protect, provide, and procreate – and if he feels as though he can't accomplish these needs at the level that he feels defines him as a successful man, his self-limiting beliefs will grow. In time, feelings of inadequacy will dominate and block his chance of succeeding – but his woman can help him!

When a woman starts validating her man's accomplishments and showing him gratitude for doing the three P's well, she begins to help him overcome his fear of success and failure.

Values, priorities and ideals determine your path in life, and getting him to get real and honest about them is the second critical step to helping him attain the success he craves. If you want an improved lifestyle and/or relationship, discover how to be his biggest fan!

This topic can be explored and presented to your audience by:

Doing a question-and-answer interview with Moreah

Discussing the top seven things a person must and must not do in order to help her man be a success

Having Moreah work live with a woman who is trying to help her man to succeed.

Are You Unknowingly Castrating Your Man?

Impeding a man's primal desire to provide, protect and procreate can take the manliness out of him.

When a woman impedes or prevents a man from achieving his primal need to do the three P's – provide, protect and procreate – that he is “hard wired” to do, she reduces his masculinity, and the result is confusion, anger and frustration between the couple.

Men feel like men, in part, when they feel successful in being warriors or protectors; they want to be awesome providers (often, this is played out financially), and they want to spread their “seed” so to speak. These drives come from the animal nature of a man, and when women know this and are happy to surrender to them, emotional and physical intimacy are strengthened.

Understandably, with the increased financial burdens that couples are facing, many women have mistakenly set aside their femininity and stepped into their masculinity and adopted the role of provider. When this is done through anger, resentment or disappointment, the effects are devastating to a man, and to the relationship as a whole.

However, there is a healthy and gender-balanced way to share the load without confusing the delicate balance of the masculine-feminine “dance” that allows a woman to be a lady (which women do want, deep down) and her man to remain her knight in shining armor, caring for her needs and keeping her feeling special.

A woman can draw her man in and get just about anything she wants from him when she reclaims her femininity; knows his needs, values and drives; and makes him feel that they are appreciated and he is important.

Here are the signs that men are feeling inadequate:

- Interest in other women
- Diminished sex drive
- Alcohol or drug abuse
- Uncommunicativeness
- Contempt when speaking
- Avoidance

This topic can be explored and presented to your audience by:

Doing a question-and-answer interview with Moreah

Discussing the top seven things a woman must and must not do in order to help her reclaim her feminine power and drive her man crazy with the desire to care for her
Having Moreah work live with a woman who is trying to help her man to succeed.

How to Awaken the Hero in Your Man

Discover the power you have to make your man shine and succeed.

In every man is a hero just waiting to be called upon! Men need women, as much as women need men, to grow into their fullness. Sadly, however, we have been so preoccupied trying to survive that we have forgotten the steps to make our men thrive.

When a woman mistakenly impedes or prevents a man from achieving his primal need to do the three P's – provide, protect and procreate – the things he is “hard wired” to do, she affects his masculinity, and the result is confusion, anger and frustration between the couple.

Men feel like men, in part, when they feel successful in being warriors or protectors; they want to be awesome providers (often, this is played out financially), and they want to spread their “seed,” so to speak. These drives come from the animal nature of a man, and when a woman knows this and is happy to surrender to it, emotional and physical intimacy strengthens, and a hero emerges!

A woman can draw her man in and get just about anything she wants from him when she reclaims her femininity; knows his needs, values and drives; and makes him feel that they are appreciated and he is important.

Here are the signs that men are feeling inadequate:

- Interest in other women
- Diminished sex drive
- Alcohol or drug abuse
- Uncommunicativeness
- Contempt when speaking
- Avoidance

This topic can be explored and presented to your audience by:

- Doing a question-and-answer interview with Moreah
- Discussing the top seven things a woman must and must not do in order to help reclaim her feminine power and drive her man crazy with the desire to care for her
- Having Moreah work live with a woman who is trying to help her man to succeed.

Are You Woman Enough to Be a Lady and to Fire Up Your Man?

Learn how being feminine ignites your man's masculinity!

Reclaiming your femininity by just being a classy and sensual woman will ignite your man to be more productive and feel more powerful.

When a woman impedes or prevents a man from achieving his primal need to do the three P's – provide, protect and procreate – the things he is “hard wired” to do, she reduces his masculinity, and the result is confusion, anger and frustration between the couple.

Men feel like men, in part, when they feel successful in being warriors or protectors; they want to be awesome providers (often, this is played out financially), and they want to spread their “seed,” so to speak. These drives come from the animal nature of a man, and when a woman knows this and is happy to surrender to it, emotional and physical intimacy are strengthened.

Understandably, with the increased financial burdens that couples are facing, many women have mistakenly set their femininity aside and stepped into their masculinity and adopted the role of provider. When this is done through anger, resentment or disappointment, the effects are devastating to a man, and to the relationship as a whole.

However, there is a healthy and gender-balanced way to share the load without confusing the delicate balance of the masculine- feminine “dance” that allows a woman to be a lady (which women do want, deep down) and her man to remain her knight in shining armor, caring for her needs and keeping her feeling special.

A woman can draw her man in and get just about anything she wants from him when she reclaims her femininity; knows his needs, values and drives; and makes him feel that they are appreciated and he is important.

Here are the signs that men are feeling inadequate:

- Interest in other women
- Diminished sex drive
- Alcohol or drug abuse
- Uncommunicativeness
- Contempt when speaking
- Avoidance

This topic can be explored and presented to your audience by:

- Doing a question-and-answer interview with Moreah
- Discussing the top seven things a woman must and must not do in order to help reclaim her feminine power and drive her man crazy with the desire to care for her.
- Having Moreah work live with a woman who is trying to help her man succeed.

Find Your Emotional Key to Losing Weight

Unlocking your heart to achieve your perfect body.

The reality of losing weight begins with the head and the heart, not the calories.

Diets don't work, but happiness and being true to yourself do! If we read the statistics, we soon discover that North Americans in particular are gaining weight earlier in life and on average are carrying an extra 15 to 40 pounds of fat than they need. Why is this happening, and can we change it?

Moreah says yes, if we understand the real reason it is happening.

Do you keep saying:

“Today I will exercise and eat healthily?”

“I am fat and I need to lose some weight!”

“I am not happy.”

“I want out of my marriage (or career)!”

“I wish I could change_____.”

“I am a loser, unattractive (or unsuccessful).”

“Tomorrow I will start my diet.”

“I hate my_____!”

If so, you must pay attention now!

Moreah is a psychotherapist and a life success specialist who believes that weight loss starts in the head, not the body. A survivor of anorexia and bulimia, she knows that weight gain or loss is about emotional and psychological “weight” more than about the calories we take in or burn off.

Moreah shares with her audiences that it is often the unrecognized, and therefore “starving,” emotional body that is in need of feeding. She explains that the emotional body can initiate the chemistry for cravings and insatiable hunger in the hopes of getting itself fed.

Of course, food can't feed the emotional self, so we wind up on an unending spinning wheel of disappointment and defeat. Moreah shares how to stop allowing the young or wounded emotional “body” – rather than the aware and mature self to which we all have access – to drive our choices,.

This topic can be explored and presented to your audience by:

Doing a question-and-answer interview with Moreah

Having Moreah work live with a person who needs help

Having Moreah share her personal and professional experiences of success and how she achieves the goals she sets.

Is Losing Everything in Your Life the Best Thing That Ever Happened to You?

Discover why loss can't really happen, because energy transforms into a new form.

Regardless of why you are facing the extreme loss that can come in the form of divorce, bankruptcy, death or a natural disaster, the losses we face feel like losses because of our conditioned beliefs. We are attached or addicted to something or someone in a particular form, and when it dissolves, as all forms are destined to do, we feel a void and are conditioned to grieve in response to that perceived loss.

Human beings build and protect things and relationships in hopes of feeling safe, secure, solid and real. We seek to feel and express love. We seek out anything we believe makes us feel important, and when these things are achieved or lost, we feel afraid of what might happen next.

Energy cannot be created or destroyed; it just changes its expression or form. Since this is true and remains an indisputable law of life, losing a particular form can be the greatest gift we receive if we are willing to look for the new form. In time, we will see that the new form was better suited to where we are or where we need to be heading.

When we lose our life, we also find our life!

Here are some discussion points:

What is the benefit of losing something, or someone, in the form it was in?

What do I believe will happen because this thing, or person, is no longer in my life in the way it used to be?

What is the feeling that I am afraid of facing because I have lost this person or thing?

What have been the benefits of losing some people or things in the past?

This mind-blowing topic can be explored and presented to your audience by:

Doing a question-and-answer interview with Moreah

Having Moreah work live with a person who needs help

Having Moreah share her personal and professional experiences of success using this theory